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## ANNEBELLE DIMATULAC AHERRERA, M.D., F.P.O.G.S., I.F.E.P.A.G

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### CURRICULUM VITAE

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#### QUALIFICATIONS SUMMARY:

Over 25 years Obstetrics & Gynecology specialization in the Philippines' premier medical institutions with private practice in the following sub-specialties: Aesthetic Gynecology, Pediatric and Adolescent Gynecology, Reproductive Endocrinology & Infertility, Urogynecology, Endoscopy, Perinatology and Climacteric Medicine.

Surgical skills: Delivered more than 3,000 babies, performed more than 5,000 gynecologic procedures (Hysterectomies, vaginal repairs, adnexal surgeries, anterior and posterior colporrhaphy, Dilatation and curettage, hysterothorax)

Diverse leadership roles in hospital management/administration in various functional responsibilities, notably: Management Committee, Professional Health Services, Quality Assurance, Out-Patient Department, OB-GYN and Medical Staff Association. Dynamic collaboration with pharmaceutical firms in the establishment & implementation plans for the safety of marketed products in the field of Obstetrics & Gynecology. Varied principal roles in academic and medical alumni communities and initiatives.

#### CREDENTIALS:

- **Member, Alinsod Institute of Aesthetic Vulvovaginal Surgery**, Laguna Beach, California, USA, January 2017
- **Fellow, Philippine Society for Gynecologic Endoscopy**, 2008
- **Associate, Laser Vaginal Rejuvenation Institute of America under Dr. David Matlock**, Beverly Hills, Los Angeles, California, USA, December 2007
- **Fellow, Internationale Federacion Pediatrica Adolescent Gynecologica IFEPAG**, 2006
- **Affiliate Member, Philippine Society of Cervical Pathology**, 2000
- **Consultant, Active Staff**, Makati Medical Center, 1995
- **Fellow, Philippine Obstetrics and Gynecologic Society**, 1992
- **Fellow, Philippine Society of Laparoscopic Surgeons**, 1992
- **Consultant, Associate Active Staff**, Makati Medical Center, 1989
- **Consultant, Regular Staff**, The New Medical City, 1989
- **Diplomate, Philippine Obstetrics & Gynecologic Society**, 1989
- **Medical Licensure**, Philippine Medical Board Exam, 1984
- **Internship**, University of the Philippines College of Medicine, Philippine General Hospital, 1984, Manila Philippines
- **Doctor of Medicine**, University of the Philippines College of Medicine, 1983, Manila, Philippine
- **B.S. Biology**, University of the Philippines, 1979

#### TRAINING:

##### **AESTHETIC GYNECOLOGY:**

- **Member, Alinsod Institute of Aesthetic Vulvovaginal Surgery, under Dr. Red Alinsod**, Laguna Beach, California, USA, January 2017
- **Associate, Laser Vaginal Rejuvenation Institute of America under Dr. David Matlock**, Beverly Hills, Los Angeles, California, USA, December 2007

#### **ENDOSCOPY:**

- **Laparoscopic Surgery in Gynecology-Obstetrics**, National Hospital of Obstetrics and Gynecology, Hanoi, Vietnam, March 2013- November 2014
- **Laparoscopic Surgery in Gynecology-Obstetrics**, Tu-Du Hospital, Ho Chi Minh, Vietnam, January 2010
- **Advanced Gynecological Laparoscopic Surgery, Symposium Workshop & Hands-On, 7<sup>th</sup> World Congress of Endoscopic Surgery**, National University Hospital, Singapore, June 2000
- **Comprehensive Colposcopy**, Westin Philippine Plaza, Manila, Philippines, August 2000
- **Seminar Workshop in Hysteroscopy**, MCU-FDT Medical Foundation, Caloocan City, Philippines, July 1996 and October 1997
- **Laparoscopic Gynecology**, Metropolitan Laparoscopic/Endoscopic Institute, National Kidney Institute, Quezon City, Philippines, July 1991
- **Laparoscopy Training**, Mary Johnston Fertility Care Center under the Johns Hopkins Program for International Education of OB-GYN, Manila, Philippines, November 1989

#### **PEDIATRIC AND ADOLESCENT GYNECOLOGY:**

- **Visiting Clinician's Program in Pediatric and Adolescent Gynecology under Dr. Marc Laufer**, Children's Hospital Boston and Brigham and Women's Hospital of the Harvard Medical System, Boston, Massachusetts, USA, May- June 2004
- **Post-Graduate Course**, Harvard Medical School, Cambridge, MA, USA, October 2003

#### **PERINATOLOGY:**

- **Sub-Specialty Post-Graduate Course in Maternal & Fetal Medicine**, MCU-FDT Medical Foundation, Quezon City, Philippines, November 1994, June 1993

#### **REPRODUCTIVE ENDOCRINOLOGY AND INFERTILITY:**

- **Post-Graduate Course on Clinical Reproductive Endocrinology & Infertility**, Philippine Obstetrics & Gynecologic Society, November 1992, November 1988
- **Post-Graduate Course in Gynecologic Endocrinology, Oncology & Pathology**, (31<sup>st</sup> Emil Novak Memorial Course) Johns Hopkins Medical Hospital, Baltimore, Maryland, U.S.A., October 1989
- **Observed**, Assisted Reproductive Technology, In-Vitro Fertilization (IVF) under Dr. Joseph Schulman, Genetics & IVF Institute, Fairfax, Virginia, U.S.A., April 1987
- **Post-Graduate Course in Infertility**, Las Vegas, Nevada, U.S.A., April 1987

#### **UROGYNECOLOGY:**

- **Visiting Clinician's Program**, Washington Continence Center, Washington Hospital Center, N.W., Washington D.C. USA, July 2004

#### **EDUCATIONAL BACKGROUND:**

- **Masters in Business Administration- Regis**, Ateneo Graduate Business School, Makati, November 2015 – present
- **Fellow, Philippine Society of Obstetrics and Gynecology**, Philippines, 1992
- **Residency Training**, Obstetrics & Gynecology, Makati Medical Center, Makati Metro Manila, Philippines, 1985-1988
- **Medical Licensure**, Philippine Medical Board Examination, 1984
- **Doctor of Medicine**, University of the Philippines College of Medicine, 1983, Manila, Philippine
- **B.S. Biology**, University of the Philippines, 1979

#### **PROFESSIONAL EXPERIENCE:**

**Private Clinical Practice**, Makati Medical Center and The New Medical City, Metro Manila, Philippines; 1989 – Present

**Chairman, Dept. of OB-GYN**, Makati Medical Center, October 2011- 2013

**Vice-Chairman for Administrative and Medical Services, Dept. of OB-GYN**, Makati Medical Center, November 2008- 2011

**Member, Management Committee**, Makati Medical Center; 2005 – 2006

**Asst. Director, Professional Health Services**, Makati Medical Center; 2005 – 2006

**Treasurer, Medical Staff Association**, Makati Medical Center; 2005 – 2006

**Head, Quality Assurance Committee, Dept. of OB-GYN**, Makati Medical Center; 2003 - 2006

**Program Director/Section Head, Out-Patient Dept., OB-GYN**, Makati Medical Center; 1991 – 1996  
**Secretary, Dept. of OB-GYN**, Makati Medical Center, 1991 – 1996

**Member, Committee on Admissions, Dept. of OB-GYN**, Makati Medical Center, 1996 - present

**Vice President**, University of the Philippines Medical Alumni Society Board 2008

**Treasurer**, University of the Philippines Medical Alumni Society Board, 2007

**Member**, University of the Philippines Medical Alumni Society Board, 2006

#### **AFFILIATIONS & MEMBERSHIPS:**

##### **INTERNATIONAL SOCIETIES:**

- **Member**, International Society of Menopause
- **Member**, American Society of Reproductive Medicine
- **Member**, North American Society for Pediatric and Adolescent Gynecology
- **Fellow**, Internationale Federacion Pediatrica Adolescent Gynecologica
- **Member**, American Association of Gynecologic Laparoscopist
- **Member**, American Academy of Cosmetic Surgeons
- **Member**, National Surgical Assistant Association
- **Associate**, Laser Vaginal Institute of America
- **Member**, Alinsod Institute of Vulvovaginal Surgery

##### **NATIONAL SOCIETIES:**

- **Founding Member**, Aesthetic Gynecologic Society of the Philippines
- **Founding Member**, Pediatric & Adolescent Gynecology Society of the Philippines
- **Fellow**, Philippine Obstetrics & Gynecologic Society
- **Fellow**, Philippine Society of Laparoscopic Surgeons
- **Fellow**, Philippine Society for Gynecologic Endoscopy
- **Affiliate Member**, Philippine Society of Cervical Pathology
- **Member**, Philippine Society of Climacteric Medicine
- **Member**, Honorary Editorial Advisory Board- Asia, MIMS obstetrics and Gynecology Philippines
- **Life Member**, Philippine Medical Association
- **Life Member**, Philippine Women's Medical Association
- **Life Member**, University of the Philippines Medical Alumni Society

- **Life Member**, Makati Medical Society
- **Most Exalted Sister (Sorority Head)**, Mu Sigma Phi Medical Sorority, University of the Philippines, 1983

**FORA LECTURER/PRESENTOR:**

- Contributor, Clinical Practice Guidelines in Pediatric and Adolescent Gynecology, Philippines 2012
- Contributor, 1<sup>st</sup> Atlas Of Pediatric and Adolescent Gynecology, Philippines 2009
- Lay Forum on *Anti- Cervical Cancer Vaccinations*
- Lay forum on Aesthetic Gynecology - *The Science of the Most Intimate Make-over*
- Lay forum on *Menopausal Changes/HRT*
- Lay forum on *Nutrition in Pregnancy*
- Lay forum on *Adolescent/Tween changes*
- Post-graduate Course in Advances in the 21<sup>st</sup> Century practice of OB-GYN, *Nutrition in Pregnancy*, San Juan, Philippines, June 1999
- *Newspaper Columnist*, Women' Healthline, Bulletin Today, 1997 - 1999
- Reproductive Health Lecture Series, Women's Health Care Foundation, Quezon City, Philippines, 1997
- *Discussant*, 2<sup>nd</sup> Maternal Mortality Conference, Philippine Obstetrics & Gynecologic Society, Mandaluyong City, Philippines, August 1995
- Breastfeeding Lactation Seminar, Makati Medical Center, Philippines, 1995 –1999

**CONFERENCES/SEMINARS ATTENDED:**

**PARTICIPANT/DELEGATE:**

- Philippine Annual Convention of Philippine Obstetrics and Gynecologic Society, Philippine International Convention Center, 1992-Present
- Robotic symposium, Medical City hospital, Texas, USA, November 2012
- 26th International Papillomavirus Conference, Montreal, Canada, July 2010
- American College of OB-GYN Annual Convention, Washington DC, USA, May 2011
- American College of OB-GYN Annual Convention, San Francisco, Ca., USA, May 2010
- Philippine Obstetrics and Gynecologic Society's Biannual Trainors' Meeting, March 2010
- European Congress on Contraception, Prague, Czech Republic, April 2008
- Evista Regional Medical Conference, Ho Chi Minh City, Vietnam, March 2003
- American College of OB-GYN Annual Convention, Chicago, Illinois, USA, May 2001
- Eli Lilly Evista Global Medical Conference, Indianapolis, Indiana, USA, April 2001
- World Congress on Endometriosis, London, United Kingdom, May 2000
- 1<sup>st</sup> Perinatology Conference, Makati Medical Center-UCSF Stanford Health, Shangri-la, Makati City, Philippines, October 1999
- 16<sup>th</sup> World Congress on Fertility-Sterility, San Francisco, California, USA, October 1998
- International Symposium on Maternal Nutrition, Paris, France, June 1998
- American College of Obstetrics & Gynecology Convention, New Orleans, Louisiana, USA, May 1998
- 1<sup>st</sup> ASEAN-European Congress on Menopause, Bangkok, Thailand, January 1998
- 1<sup>st</sup> Annual Stanford Asia Symposium on Gynecologic Oncology, Urogynecology and Pelvic surgery, Makati Medical Center Manila Philippines, September 1997
- Annual Convention of the Philippine Reproductive Endocrinology & Infertility, EDSA Shangri-la, 1996, 1997, 1998, 1999,2000,2001,2005
- FIGO World Congress of Gynecology & Obstetrics, Copenhagen, Denmark, August 1997
- International Congress of Menopause, Sydney, Australia, November 1996

- Annual Convention of Philippine Society of Climacteric Medicine, Makati City, 1995-present
- Philippine Obstetrics and Gynecologic Society's Workshop on Core Curriculum for Residency Training in OB-GYN, Quezon City, Philippines, March 1995
- Philippine Obstetrics and Gynecologic Society's Workshop on Upgrading & Standardization of Residency Training Program, Quezon City, Philippines, March 1993
- Philippine Obstetrics and Gynecologic Society's Workshop on Statistics, 1992
- American College of Obstetrics & Gynecology Convention, Las Vegas, Nevada, USA, April 1987

**CLINIC PRACTICE:**

- **Makati Medical Center**, Rm. 248 Hall C, Tower 1, Makati City, Philippines  
 Mon to Sat : 8 – 2 pm  
 DL: (+632) 894-1578  
 Trunkline: (+632) 8888-999 loc. 2248  
 Fax no. (+632) 813- 5965  
 Email address: [adamd.obgyn@gmail.com](mailto:adamd.obgyn@gmail.com);  
[adamd@vaginalaestheticrejuvenation.com](mailto:adamd@vaginalaestheticrejuvenation.com)
- **The New Medical City, Medical Arts Towers**, Penthouse 03, 19<sup>th</sup> flr. Ortigas Ave., Pasig City, Philippines  
 DL: (+632) 636-4673